

KESTAOKANT & CATEKING

## ALL DAY BREAKFAST

Toast options: White, Wheat, Pumpernickel, Multi-Grain, Texas Toast, Marble, Sourdough, Cherry Walnut, English Muffin, Gluten-Free, or Keto. Substitute a Bagel for 2.25.

Cheese options: Cheddar, Provolone, Swiss, Pepper Jack, Feta & Bleu Cheese.

#### **Overstuffed Omelets**

Your choice of our stuffed, three-egg omelet served with a side of hash browns, and toast. 12.75

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Bacon, sausage, ham, onions, peppers, & cheese

#### **Country**

Bacon, mushrooms, onions, & cheese

#### Florentine

Spinach, mushrooms, & feta cheese

#### **Meat Lovers**

Bacon, ham, sausage, & cheddar cheese

## Veggie Lovers

Onions, peppers, broccoli, cauliflower, tomato, & mushroom topped with avocado & provolone

#### Basic

Ham & Swiss cheese

#### **Create Your Own**

Three of your favorite items plus cheese.

### Haystack Benedict

Two eggs made your way, with bacon, served over hash browns, topped with Hollandaise sauce. Includes your choice of toast. 12.00

## **Eggs Benedict**

Two poached eggs sit on a toasted English muffin with grilled ham then topped with Hollandaise sauce. 10.75

#### The Hash Bash

Two eggs served over our homemade corned beef hash & hash browns. Includes your choice of toast. 10.75

#### **Breakfast Burrito**

Two scrambled eggs, sausage, & cheddar cheese, served in a warm wrap. Includes Salsa & Sour Cream served on the side. 10.25

## Veggie Burrito 🏳

Two scrambled eggs, cauliflower, broccoli, onion, green peppers, & mushrooms served in a warm wrap. Includes Salsa & Sour Cream served on the side. 10.25

### **Breakfast Croissant Sandwich**

Two eggs made your way with bacon, ham, or sausage & cheddar cheese on our house baked buttery croissant. 10.25

### French Toast

Our homemade French toast is made with Texas toast. Includes your choice of bacon, sausage, or ham. 9.25

## Two Eggs Any Style

Two eggs made your way. Includes a side of bacon, ham, or sausage & your choice of toast. 8.75

## Healthy Start 💝

Fresh fruit served with a side of either yogurt or cottage cheese. 9.25

## Southern Sausage Gravy & Biscuits

Flaky biscuit smothered in a creamy southern gravy with chunky sausage & tons of flavor. 7.25

Add Southern Sausage Gravy to any breakfast for 2.25.

## **Yogurt Parfait**

Healthy crunchy granola topped with fruit flavored Greek yogurt & finished with fresh strawberries. 5.75

## Oatmeal \$\sigma\pi

Delicious homemade oatmeal topped with either brown sugar & bananas or granola. 5.25

#### Sides

Bacon, Ham, or Sausage	3.75	GF Blueberry Muffin	3.75	Hash Browns	3.25
Southern Sausage Gravy	2.25	GF Bagel	3.75	Fruit Cup	3.25
Toast (2) Slices	2.75	1 Egg — Any Style	2.50	Fruit & Dip	6.50
Muffin & Bagel	3.75	Cream Cheese	2.25	Corned Beef Hash	4.25









## GARDEN FRESH SALAD 5

All our salads start with a base of freshly tossed greens; most have your choice of dressing on the side! Add a Shrimp Skewer or Grilled Chicken Breast for 4.00

Dressings: Ranch, Italian, Greek, French, Caesar, Bleu Cheese, Thousand Island, Honey Mustard, Balsamic Vinegar Chef Shell's Vinaigrettes: Raspberry, Cranberry, Peach, Blackberry, Lemon-Lime, Cherry

## House Salad 🎾 🞾

Crumbled bacon, cashews, cheddar cheese, cucumbers, & tomatoes. 11.75

## Chef Salad 🗢 🗢

Ham, turkey, Swiss, cheddar, hard-boiled egg, cucumbers, & tomatoes. 12.00

### Taco Salad

Ground chuck or chicken, cheddar cheese, tomatoes, nacho chips, salsa, & sour cream. 12.00

## Antipasto Salad 💝

Turkey, ham, salami, cheddar cheese, provolone and Swiss cheese, peppers, tomatoes & cucumbers. 12.00

## Spinach Salad 🂝 🌣 🌣

Baby spinach, red cabbage, cauliflower, sunflower seeds, cheddar cheese, tomatoes, & cucumbers. 11.25

## Greek Salad $\stackrel{\triangleright}{\sim} \stackrel{\triangleright}{\sim}$

Sliced beets, feta cheese, cucumbers, tomato, onion, & black olives with Greek dressing. 11.25

## Strawberry & Walnut Spinach Salad 🗢 🗢 🗢

Fresh baby spinach topped with ripe strawberries, feta cheese, walnuts, cucumbers, & tomatoes, with our own Raspberry Wine Vinaigrette on the side. 11.25

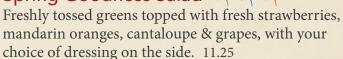
## Summer Breeze Salad 🗢 🗢

Freshly tossed greens topped with ripe strawberries, mandarin oranges, pineapple, feta cheese, & almonds, with our own Raspberry Wine Vinaigrette on the side. 11.25

## Veggie Delight Salad 🗢 🗢 🗢

Fresh baby spinach topped with cucumbers, tomatoes, broccoli, cauliflower, bell pepper, black olives, & strawberries tossed with balsamic vinegar & extra virgin olive oil. 11.25

## Spring Goodness Salad PPP



#### Chicken Salad or Tuna Salad

Boneless chicken breast or white albacore tuna, mixed with fresh vegetables in a light dressing arranged on fresh tossed greens & garnished with fresh fruit. 12.00

## Traverse City Cherry Chicken Salad

Diced chicken, dried cherries, almonds, cheddar cheese, tomatoes, & cucumbers with cherry vinaigrette. 12.00 Substitute grilled chicken breast for 3.00

#### Grilled Chicken Caesar Salad

Grilled chicken breast, Parmesan cheese, croutons, cucumbers, & tomatoes tossed in classic Caesar dressing. 13.00

## Hawaiian Chicken Salad

All-white diced chicken breast, pineapple, cashews, crumbled bacon, cheddar cheese, cucumbers, & tomatoes. 12.00 Substitute grilled chicken breast for 3.00

#### California Dreamin' Salad

All-white diced chicken breast, avocado, cucumber, tomatoes, pepperoncini, & croutons with our raspberry vinaigrette. 12.00 Substitute grilled chicken breast for 3.00

## Summer Bacon & Bleu Salad

Warm bacon crumbles, bleu cheese, onions, hardboiled egg, cucumbers, & tomatoes with bleu cheese dressing. 12.00

**Small Specialty Salad** 8.25

Side Tossed Salad 6.50









## SCRUMPTIOUS DELI SANDWICHES



All Sandwiches come with a Kosher dill pickle spear. Gluten-Free & Keto bread available. Add a side of delicious seasoned fries or kettle chips for 2.00. Or onion rings for 3.00

## The "Breadless" Wonder $\sim$



For our low carb friends. All the goodies... meats, cheeses, & veggies wrapped in a lettuce leaf with dressing on the side for dipping. 11.75

## "Everything But the Kitchen Sink" Wrap

Your choice of sun-dried tomato, spinach, or garlic herb flat wrap filled with ham, provolone, broccoli, cauliflower, cucumbers, tomatoes, lettuce, peppers, & ranch dressing. 11.75

#### Classic Club

It's a triple decker! Toasted white bread with ham, turkey, cheddar cheese, tomato, lettuce, bacon, & mayo. 11.75

### **Turkey Club Croissant**

Flakey French croissant filled with sliced turkey breast, provolone, bacon, lettuce, tomato, & mayo. 11.75

#### Stacked Ham & Swiss Sandwich

Multi-grain bread piled with shaved ham, Swiss, lettuce, tomato, cucumbers, & honey mustard. 11.75

## Grilled Chicken Caesar Wrap

Herb garlic wrap filled with sautéed chicken, romaine, Parmesan cheese, & classic Caesar dressing. 11.25

### Black Russian

Fresh baked pumpernickel bread with shaved roast beef, turkey, Swiss, lettuce, tomato, & Russian dressing. 11.75

### Ham & Swiss Croissant

Flakey French croissant piled high with shaved ham, topped with Swiss, lettuce, tomato, & mayo. 11.75

## Italian Bagel

Plain bagel topped with cream cheese, salami, ham, provolone, lettuce, tomato, & peppers with Italian dressing & mild peppers on the side. 11.75

### **Roast Beast**

Fresh baked pumpernickel bread piled with roast beef, provolone, lettuce, tomato, & spicy mustard. 11.75

#### Black Forest Sandwich

Fresh baked pumpernickel bread piled high with turkey, ham, provolone, lettuce, tomato, honey mustard. 11.75

#### **Roast Beef & Swiss Croissant**

Flakey French croissant piled high with tender roast beef, Swiss cheese, lettuce, tomato, peppers, & mayo. 11.75

### Twin Bridges

Toasted multi-grain bread with maple bacon, ham, turkey, lettuce, tomato, provolone cheese, & mayo. 11.75

#### BLT

Toasted white bread topped with bacon, lettuce, tomato, & mayo. 11.25

#### California BLT

Toasted Multi-grain bread topped with bacon, spinach, tomato, mayo, & avocado. 11.25

## Old Fashioned Egg Salad, Tuna Salad, or Chicken Salad on a Croissant

Good old-fashioned style egg salad, tuna salad, or chicken salad is taken upscale on our flakey French croissant with lettuce. Or put it in your choice of wrap. 11.25

It's a Veggie Wrap Our spinach flat wrap filled with fresh baby spinach, shredded carrots, feta cheese, tomato, broccoli, cauliflower, cucumbers, & peppers with Italian dressing. 11.25

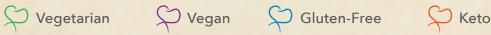
# Crunchy Tuna Wrap



All-white albacore tuna mixture of water chestnuts, onions, celery, & red pepper topped with lettuce. In your choice of wrap. Protein-rich tuna with a veggie crunch! 10.75

Wrap Options: Garlic Herb, Sun-Dried Tomato, Spinach, Gluten Free, Keto







## SPECIALS

## I Want It All | Breakfast

Two (2) eggs, choice of sausage, bacon, or ham, hash browns, toast, & coffee. 8.75

Dine-in only. No substitutions. Served 7 am - 10 am

### I Want It All | Lunch

Soup or small tossed salad, ½ deli sandwich, & a beverage. 12.00

Substitute a small Specialty Salad or Hot Sandwich. 12.50 Substitute BOTH. 13.00

## HOT SANDWICHES

All Sandwiches come with a Kosher dill pickle spear. Add a side of delicious seasoned fries or kettle chips for 2.00. Or onion rings for 3.00

## RoadKill Roy BBQ Pulled Pork Quesadilla

Our famous RoadKill Roy Pulled Pork & BBQ sauce with shredded cheese grilled on a garlic herb tortilla, served with sour cream & salsa on the side. 11.75 Add Guacamole 1.75

#### The Melt

Grilled Texas toast piled high with our famous pulled pork with RoadKill Roy BBQ sauce and turkey, then topped with melted Swiss & Cheddar cheeses. 12.00

## **Grilled Turkey & Apple**

Grilled turkey and apple slices topped with melted provolone cheese on a grilled multi-grain bread. 11.75

#### **Monte Cristo**

Grilled French toast stuffed with ham, turkey, & Swiss cheese. Served with a side of our spicy raspberry sauce for dipping. 11.75

#### Reuben

Grilled hearty pumpernickel with corned beef, sauerkraut, Swiss cheese, & Thousand Island on the side. 12.00

## Stag Island Hoagie

A grilled hoagie piled high with sliced ham or turkey, Swiss cheese, lettuce, tomato, & Thousand Island dressing on the side. 11.75

## French Dip

A grilled hoagie piled high with tender sliced roast beef & au jus on the side for dipping. 11.75

#### Grilled Italian Sub

A grilled hoagie piled high with salami, ham, provolone, onion, peppers, lettuce, & tomato with Italian dressing & mild peppers on the side. 12.00

## Famous RoadKill Roy Pulled Pork BBQ

Slow roasted pork covered with our RoadKill Roy BBQ sauce piled high on a bun. It's all that and a bag of chips! 11.75

### Adult Grilled Cheese

Texas toast grilled with 2 cheeses and a choice of meat (if you would like). 9.25

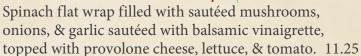
#### Grilled Chicken Breast Sandwich

Seeded bun, lettuce, tomato, grilled chicken breast, cheese of choice, & Honey mustard. 12.00

## Crispy Chicken Wrap with Spicy Ranch

Our crispy chicken with shredded cheddar cheese, shredded lettuce, diced tomatoes, & a spicy ranch sauce all rolled up in a grilled garlic & herb wrap. 11.75

## Sautéed Mushroom Wrap 💭



## Grilled Vegetarian Wrap with Pesto 💝

Fresh broccoli, cauliflower, & peppers sautéed in wine & pesto then tucked in your favorite wrap! 11.25









## THIS N'THAT

### Hodge Podge

Deep Fried Chicken Strips, Fish Strips, Mozzarella Sticks, & Deep-Fried Mushrooms. Marinara & Ranch on the side. 11.75

#### **Chicken Tenders & Fries**

Boneless, breaded Chicken Tenders, deep-fried to perfection. Served with a side of our Seasoned Steak Fries, 12.00

#### Fish & Fries

Panko-breaded Fish Strips, deep-fried with a side of our Seasoned Steak Fries. Served with lemon & tartar sauce on the side. 12.00

#### Fish Tacos

Two (2) Panko Breaded fried fish pieces plus shredded cabbage and shredded cheese wrapped in a flour tortilla with salsa & sour cream on the side. 10.75

#### Mozzarella Sticks

6 deep fried mozzarella sticks with Marinara or Ranch for dipping. 10.50

## Deep Fried Batter Dipped Mushrooms

12 mushrooms with Ranch for dipping. 7.75

Plate of Seasoned Steak Fries 4.50

Plate of Onion Rings 6.50

### DONUTS $\bigcirc$

Dozen (pre-orders only)



Cake Donuts	1.75
Filled Donuts Apple, Custard, Cream, Jelly	1.75
Fried Cinnamon Rolls Topped with plain glazed, chocolate, maple, or vanilla	1.75
Fritters Apple, Caramel-Apple, Berry, or Chocolate-Berry	2.00
1/2 Dozen Assorted Donuts	9.50
Dozen Assorted	16.00
Dozen Baked Cinnamon Rolls	19.00
Dozen Fritters Only	19.00
Donut Holes Dozen (pre-orders only)	7.00
Mini Fritters	

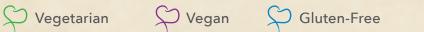
## SOMETHING SWEET

Fresh Fruit & Dip	6.50
Boston Cooler	5.75
Root Beer Float	5.75
Brownies Peanut Butter, Turtle, Double Chocolate or Gluten Free	3.50 3.50
Cookies Two (2)	3.50
Brownie Sundae	5.75
Yogurt Parfait Healthy crunchy granola topped with fruit flavored Greek yogurt & finished with fresh strawberries.	4.75





8.00





## SPECIALTY HOMEMADE SOUPS



#### Homemade Chicken Noodle

Filled with chicken, thick noodles, & veggies. Cup 4.00 | Bowl 6.00

### Award Winning Chili

Our traditional chili is made with seasoned ground chuck & kidney beans in a tomato base. A mild to medium heat. Cup 4.00 | Bowl 6.00

Add sour cream & shredded cheddar for 1.50

#### French Onion

A savory beef-based broth with caramelized onions and topped with a toasted Baguette and creamy melted Swiss cheese, 7.00

### Soup Flights

Three (3) 8 oz. cups of soup with a piece of dry toast. Great option when you can't pick just one soup! 10.00

### Featured Soups of the Day

Ask your server what other soups we've cooked up today! Cup 4.00 | Bowl 6.00

## THE ANGUS BURGER

Our classic burger starts with a 1/2-pound Angus burger which is grilled to order, served with lettuce, tomato, onion, & a pickle spear. Comes with your choice of kettle chips, fries, or small tossed salad. 13.75

Add bacon and/or your choice of cheese: Swiss, Provolone, Cheddar, Bleu, or Pepper Jack.

#### Bacon & Bleu

Bacon, bleu cheese, & caramelized onions. 14.00

### The "Maxx" Brunch Burger

Bacon, cheddar cheese, topped with an over easy egg & hash browns. 14.00

#### Mushroom & Swiss

Lots of sautéed mushrooms topped with our wonderful Swiss cheese. 14.00

### **RKR** Burger

Topped with our famous pulled pork & Roadkill Roy BBQ sauce. 14.00

## Low Carb $\hookrightarrow$

Served on a large, tossed salad with mixed greens, tomatoes, cucumbers, & dressing of your choice. 13.25

## Southwestern Turkey Burger

Lean ground turkey mixed with some green chilies, topped with pepper jack cheese, lettuce, tomato, & a slice of avocado. 14.00

## Vegan Burger with Seeded Ezekiel Bun 💝

Plant-Based Vegan Patties served on a Ezekiel Bun with lettuce, tomato, & onion on the side. 20 grams of protein. 14.00

## SIDES

Chicken Bowtie Pasta	5.50	Cheese & Crackers	5.50
	3.30		3.30
Creamy Coleslaw	5.50	Kettle Chips	2.25
Redskin Potato Salad	5.50	French Flakey Croissant	2.25
Marinated Pasta Salad	5.50	Flakey Biscuits	2.00
Veggies & Dip	5.50	Pita Bread	2.75
Meat, Cheese, & Crackers	6.50	Garlic Breadsticks	2.75









## C OLD BEVERAGES

#### Juices

Orange, Apple, Papaya 3.25

#### Milk

White or Chocolate 3.00

#### **Smoothies**

Strawberry, Mango, Mocha, Caramel, Wild Berry, Strawberry Banana, & Frozen Hot Chocolate 5.75

#### **Soft Drinks**

Coke, Diet Coke, Pepsi, Diet Pepsi, 7-UP, Mountain Dew, A&W Root Beer, Vernor's, Diet Vernor's, Lemonade, Iced Tea (unsweetened), Bottled Water 3.00

## HOT BEVERAGES & SPECIALTY COFFEE

#### Coffee

Columbian blend served in a large 12 oz. mug. Sm 3.25 | Md 3.75 | Lg 4.00

#### Gourmet Hot Tea

Regular, Decaf, Green, Black English Breakfast, Black Earl Grey, Black Lemon Lift, Irish Breakfast Decaf, Chai Green, Mint, Herbal Chamomile, Green with Lemon & Ginseng, Herbal Lemon Ginger, Green Pomegranate-Raspberry, Herbal Raspberry Zinger. 3.25

### Cappuccino

Ask us for the different flavors available. Md 3.75 | Lg 4.00

#### **Hot Chocolate**

Md 3.75 | Lg 4.00

Espresso 2.50

### Café Mocha

Our house blend coffee, cream, Dutch chocolate syrup, & cocoa.

#### Mudslide

Our house blend coffee, cream, Dutch chocolate, & caramel syrups.

## **Peppermint Mocha**

Our house blend coffee, cocoa, chocolate, & peppermint syrups.

#### Heath Bar

Our house blend coffee, English Toffee syrup, & cocoa.

## **Nutty Frenchman**

Our house blend coffee, flavored cream, Hazelnut, & Vanilla syrups.

## **Nutty Irishman**

Our house blend coffee, flavored cream, Irish Crème, & Hazelnut syrups.

## Raspberry Truffle

Our house blend coffee with raspberry syrup, & cocoa.

## Café Caramel

Our house blend coffee, cream, & gourmet caramel syrup.



(810) 966-8371 | chefshells.com





### Our Story

Chef Shell's Catering has grown locally and is widely known for fresh foods and excellent customer service. Our business was established in 1998, evolving from a specialty sauce company to one of the top local full-service caterers.

Much of our business is corporate caterings, which include catered meetings, grand opening celebrations, weddings, and many other special events. These events range from daily caterings for 5 –10 people to special events for 100 – 800 people.